

MARCH

2019



It's **GUS JUSTICE** to the rescue!

GOOD EATS AT

GRAFORD ISD LUNCH MENU. THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

M T W TH F

ART CONTEST CONTINUES

"You ART What You Eat"
Create and enter today!
SquareMeals.org/artcontest

Hamburger
Burger Toppings
Baby Carrots
Baked Chips
Fruit Variety
Milk Choice 1

SCHOOL BREAKFAST WEEK
MARCH 4-8
SquareMeals.org/sbw

Mini Corn Dogs
Baked Beans
Tomato & Cucumber Cups
Fruit Variety
Milk Choice 4

Chicken Crisпитos
Pinto Beans
Cheese Sauce
Glazed Carrots
Fruit Variety
Milk Choice 5

Ham & Cheese
Croissants
Sandwich toppings
Tator Tots
Olives or Broccoli
Fruit Variety 6

NO SCHOOL 7

NO SCHOOL 8

SPECIAL ANNOUNCEMENTS

NO SCHOOL 11

NO SCHOOL 12

NO SCHOOL 13

NO SCHOOL 14

NO SCHOOL 15

LUNCH PRICES

PK-8.....\$2.10
9-12.....\$2.35
REDUCED.....40c
ADULT.....\$3.70
ALTERNATE MEALS
BAKED POTATO W/ FIXINS
CHEF SALAD
MUST SIGN UP BY 8 AM

Pizza Choice
Green Beans
Seasoned Corn
Fruit Variety
Milk Choice 18

Steak Fingers
Roll W/gravy
Mashed potatoes
Blackeyed peas
Fruit Variety
Milk Choice 19

Turkey Sub
Salad Toppings
Baked Squash
Broccoli w/ranch
Fruit Variety
Milk Choice 20

Taco Salad
Pinto Beans
Spanish Rice
Lettuce & Tomatoes
Fruit Variety
Milk Choice 21

Hot Ham & Cheese
Pickle Spears
Baked Beans
Baby Carrots
Fruit Variety
Milk Choice 22

Pizza
Green Beans
Garden Side Salad
Fruit Variety
Milk Choice 25

Salisbury Steak
Bread Slice
Mashed Potatoes
Great Northern Beans
Fruit Variety
Milk Choice 26

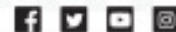
Hot Dog w/ Chili
Shredded Cheese
Tator Tots
Celery Sticks
Fruit Variety
Milk Choice 27

Chicken Fajita Tacos
Mozzarella cheese
Pinto Beans
Lettuce w/ Tomatoes
Fruit Variety
Milk Choice 28

Breaded Chicken
Sandwich
Salad Toppings
French Fries
Baby Carrots
Fruit Variety
Milk Choice 29



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER



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This institution is an equal opportunity provider.

GUS JUSTICE
Asparagus

When Gus was just a little shoot, a group of candy criminals ran through the town on their candy wrapper horses and trampled the field he was growing in. He vowed to rise against the candy that robbed the children of their good nutrition and make sure Healthyville flourished again. Not knowing what to do, he went to the University of Healthyville to visit and learn from Professor Green and Dr. Broccoli. They both told Gus he was a good source of folic acid and that helps promote the growth of healthy cells. He could use his powers to help Healthyville cut back on candy! He rallied his fellow spears and away they went using their folic acid to help the town and the children. To this day the Justice Squad uses their spears to keep the candy criminals out of the fields and out of the hands of children in Healthyville.

FUN FACT

Asparagus is good source of vitamin A and C and minerals



GUS JUSTICE'S
FAVORITE ACTIVITIES
Track and field
and Bowling



POW!

ARCH ENEMY
Candy Criminals



JOKE OF THE MONTH

Q: What is it called if a bowler knocks half the pins down on his first roll, then knocks the rest down on his second roll?

(Answer) Spare | 2 pins

FIND THE SIX DIFFERENCES



Sources: Texas A&M and Agrilife Extension